

Environmental Noise Loudness Levels	
Weakest sound heard	0dB
Whisper Quiet Library	30dB
Normal conversation	60-70dB
Telephone dial tone	80dB
City Traffic (inside car)	85dB
sustained exposure may result in hearing loss	90 - 95dB
ipod at max	105dB
Power mower at 3'	107dB
Rock Music	110 dB
Sandblasting, Loud Rock Concert	115dB
Jet plane take-off, car stereo, band practice	120 dB
Pain begins	125dB
Pneumatic riveter at 4'	125dB
Even short term exposure can cause permanent damage - Loudest recommended exposure <u>WITH</u> hearing protection	140dB
Jet engine, Gun Blast	140dB
Rock Music Peak	150 dB
Death of hearing tissue	180dB
Loudest sound possible	194dB

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